

Navaratri

*This Hindu festival celebrates mothers, and there are many ways to celebrate through worship at the Temple where Durga (the goddess and wife of Shiva) is worshipped. It is also a festival to celebrate through family gatherings. It tells of the actions of the goddess in her three major forms: **Kali, Lakshmi and Saraswati**, representing the three fold energy: **strength, wealth and wisdom**.*



- 1 Sit down with the children and show them the series of pictures overleaf. You may wish to lay the sheets out either on a table or the floor, and then read the story.
- 2 Ask the children the following questions and discuss them:-
What part of the story did you like and why?
Which pictures did you like and why?
- 3 Ask the children what they like to do to celebrate.
- 4 Talk to the children about what food they associate with celebrations and why they are special.
- 5 Make a pot with plasticine/clay and decorate it. Alternatively, you will find a clay pot template to decorate on iChild.
- 6 Talk about the special 3 words; STRENGTH, WEALTH and WISDOM.
- 7 Find Navaratri celebration cards and additional resources to celebrate mothers at iChild.

Navaratri



Women decorated in special jewellery, will sing and dance in some Hindu areas to celebrate Navaratri.





In some places, special decorated jars are made of clay and lights are placed in them.



**Special foods are eaten
at parties held to
celebrate this festival.**

**Greetings cards
and presents
are exchanged.**

